

**Georica K. Gholson, M.S.**  
**Curriculum Vitae**

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**CONTACT INFORMATION**

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**EDUCATION**

- Expected 2012      *Doctor of Philosophy*, Clinical Psychology Doctoral Student,  
Howard University, Washington, DC  
**Dissertation Title (Proposal Defended on 10/28/10):** Psychosocial  
profile for patients at-risk for renal disease  
**Dissertation Advisor:** Denée Mwendwa, Ph.D.
- 2009                      *Master of Science*, Clinical Psychology, Howard University,  
Washington, DC  
**Thesis Title (Defended on 07/21/09):** The Relationship between rejection  
sensitivity, spiritual well-being, and attitudes towards gender stereotypes  
among hook-ups and friends with benefits relationships  
**Thesis Advisor:** Linda Berg-Cross, Ph.D.
- 2005                      *Bachelor of Arts*, Psychology, Magna Cum Laude,  
University of Memphis, Memphis, TN

**ASSISTANTSHIPS, HONORS AND AWARDS**

- August 2007-Present      Howard University Teaching Assistantship, Howard University  
Washington, DC
- Sept 2009                      Excellence in Campus Leadership Award (ECLA) for Campus  
Representatives, American Psychological Association for Graduate  
Students
- Aug 2009                      Clinical Psychology Stimulus Grant, Howard University,  
Washington, DC
- Jan 2008-July 2008      Race, Ethnicity, and Migration Graduate Exchange Program, Howard  
University and Universiteit Utrecht in Utrecht, Netherlands
- May 2005                      *Magna Cum Laude*, University of Memphis, Memphis, TN
- Aug 2002-May 2005      Golden Key Club International, University of Memphis, Memphis, TN

Aug 2002-May 2005 Phi Beta Kappa, University of Memphis, Memphis, TN

Aug 2002-May 2005 University of Memphis Honors Society, University of Memphis,  
Memphis, TN

### PROFESSIONAL AFFILIATIONS

Aug 2006-Present Graduate Student Affiliate, American Psychological Association,  
Washington, DC

Aug 2008-Sept 2010 Campus Representative, American Psychological Association of Graduate  
Students, Washington, DC

### RESEARCH INTERESTS

At the outset of graduate school, my interest centered on romantic relationships among young adults. Class work and clinical experiences shifted my focus towards understanding psychological maladies through a community/public health perspective. At a general level, I am interested in the confluence of physical and mental health, and how physical health behaviors (e.g., obesity, kidney disease, and hypertension) can be prevented and treated through a psychological perspective.

### PRESENTATIONS

**Gholson, G.**, Ali, M., Mwendwa, D.T., Sims, R.C., Thomas, J., Callender, C.O., & Campbell, A.L., (2010). *Coping with perceived racism: A significant factor in the development of obesity in African American women*. Blue Ribbon Distinction. Poster presented at the International Society on Hypertension in Blacks Annual Conference, Washington, DC.

**Gholson, G.**, Mwendwa D.T., Thomas, J., Sims, R.C., Callender, C.O., Campbell, A. (2010). *Obesity indices as predictors of kidney functioning*. Poster presented at Howard University Graduate Symposium, Washington, DC.

Callender, C.O., Mwendwa D.T., Thomas, J., Sims, R.C., **Gholson, G.**, Campbell, A., Madhere, S. (2010) *High BMI, increased waist circumference and elevated GFR: A new relative contraindication to African American kidney donation*. Poster presented at XXIII International Congress of The Transplantation Congress, Vancouver, BC, CA.

### SUBMITTED MANUSCRIPTS

Mwendwa, D.T., **Gholson, G.**, Sims, R.C., Levy-Massey, S.A., Ali, M., Harrell, C.J., Callender, C.O., & Campbell, A.L. (Under Review). *Coping with perceived racism: A significant factor in the development of obesity in African American women*. Journal of the National Medical Association.

Mwendwa, D.T., Ali, M, Sims, R.C., Madhere, S., **Gholson, G.**, Levy-Massey, S.A., Chiles, S., Callender, C.O., & Campbell, A.L. (Under Review). *Empirically derived Components of the Cook-Medley Scale and their Association with Inflammation in African Americans*. *Annals of Behavioral Medicine*.

### MANUSCRIPTS IN PROGRESS

Mwendwa, D.T., Sims, R.C., Madhere, S., **Gholson, G.**, Adesibikan, B., Mouton, C., Hernandez, A., Chiles, S., Callender, C.O., & Campbell, A.L. (In Progress). *The Impact of overweight and obesity on live kidney donors: A new relative contraindication to the African-American kidney donation?*

### GRANTS SUBMITTED

National Center for Minority Health and Health Disparities  
Innovative Faith-Based Approaches to Health Disparities Research (R21)  
“Lowering Chronic Kidney Disease Risk Through Obesity Reduction: A Faith-Based Application of the BE-BLESSED Framework”  
Proposed award amount: \$275,000  
Co-authors: Denée Mwendwa, Ph.D., Regina Sims, Ph.D., Mana Ali, M.S., and Shellie-Anne Levy-Massey, M.S.

### RESEARCH LABORATORIES

Aug 2009-Present     **Health Promotion and Risk Reduction Research Center**, Howard University, Washington, DC

Graduate Research Assistant  
Principle Investigators: Denée Mwendwa, PhD, Regina Sims, PhD, & Joneis Thomas, PhD

Co-authored manuscripts, contributed to writing a grant, mentored undergraduate students, poster presentations, contributed to writing an IRB, and collaborated on other projects.

Projects: Multiple poster presentations and manuscripts from the Minority Organ and Tissue Transplant Education Program (MOTTEP) and co-authored the IRB for the Study of Psychological Links to African-American Student Health (S.P.L.A.S.H.!).

Jan 2008-July 2008     **Howard University and Universiteit Utrecht**, Race, Ethnicity, and Migration Graduate Exchange Program, Washington, DC and Utrecht, Netherlands

Exchange Student  
Principle Investigator: Orlando Taylor, PhD

Lived in Utrecht, Netherlands for 6 weeks and attended research seminars at Universiteit Utrecht on culture, ethnicity, nationality, immigration, and acculturation. Meet weekly with an advisor at Universiteit Utrecht to create a literature review paper about psychological well-being in Caribbean youth in the United Kingdom and United States.

Feb 2007-Aug 2007 **Howard University**, Washington, DC

Graduate Research Assistant  
Principle Investigator: Linda Berg-Cross, PhD

Created vignettes for an end of life study regarding minority groups.

Aug 2005-May 2006 **Behavioral and Environmental Community Health Lab**, University of Memphis, Memphis, TN

Research Assistant  
Principle Investigator: Bettina Beech, PhD

Entered and collected data on the physical characteristics and dietary habits of African and Latino immigrant families and children.

Jan 2004-Aug 2004 **Industrial/Organizational Applied Psychology Lab**, University of Memphis, Memphis, TN

Research Assistant  
Principle Investigator: Christopher Dula, PhD

Conducted literature searches, created a library of articles, and entered data.

Aug 2003-Dec 2003 **Gambling and Addiction Lab**, University of Memphis, Memphis, TN

Research Assistant  
Principle Investigator: James Whelan, PhD  
Conducted literature searches, entered data, administered questionnaires, and created a library of articles

### **CLINICAL EXPERIENCE**

Sept 2010-Present **St. Elizabeths Hospital**, Washington, DC

Therapy Extern (*16 hr/wk*)  
Supervisor: Diana Wall, PsyD (individual therapy), Wendy Olson, PhD (individual therapy), & Christine Monroe, PsyD (assessment)

Population: In-patient psychiatric hospital. Medical unit with geriatric adults over age 50 with physical ailments (e.g., kidney disease, cardiovascular disease, diabetes type II, vascular dementia, stroke) who are also living with severe mental illness (e.g., schizophrenia, schizoaffective disorder, psychosis NOS, Axis II disorders). Admissions unit with adults age 18 and over in the acute stage of severe mental illnesses.

Responsibilities: Two 6-month rotations on a medical/geriatric unit and an admissions unit. Participate in morning rounds and treatment planning meetings with a multidisciplinary team (e.g., psychiatrists, medical doctors, social workers, staff psychologists) to help develop the best interventions for clients on each rotation. Conduct chart reviews of clients. Administer psychological assessments for cognitive, neurological, and personality needs. Conduct long-term individual therapy. Participate in case conference and assessment seminars.

Mar 2010-Present

**Educational Advocates for Children, PLLC**

Psychological Examiner Extern (*5-10 hr/wk*)  
Supervisor: Derek Marryshow, PhD

Population: Special education African-American children between the ages of 8 and 17 diagnosed with learning and behavior disabilities (e.g., ADHD, ADD, and Conduct Disorder).

Responsibilities: Conducted classroom observations, teacher and parent interviews, and completed functional behavioral assessments. Also administered and wrote integrative psychological assessments (e.g., Woodcock Johnson Cognitive-III, Behavior Rating Inventory for Executive Functioning, Conners ADHD Index, Roberts Apperception Test for Children, and Behavior Assessment System for Children-2).

Sept 2009-Present

**Salvation Army Harbor Light Center, Washington, DC**

Therapy and Psychological Examiner Extern (*16-20 hr/wk*)  
Supervisor: Sidney Binks, PhD

Population: Inpatient rehabilitation facility with adults between the ages of 18 and 70 who have a history of multiple traumas, dual diagnosis (e.g., cocaine dependence, opioid dependence, Axis II disorders, major depression, bipolar), and chronic illnesses (e.g., HIV, Hepatitis C, type 2 diabetes, hypertension).

Responsibilities: Conducted long-term and brief individual therapy as well as group psychotherapy. Conducted an anger management group and

health concerns group (addressed the physical and medication needs of clients through supportive therapy, psychoeducation, etc.) Administered and wrote integrative cognitive, clinical, and psychological assessments (e.g., WAIS-IV, Rorschach, WRAT-IV, CPT-II, WMS-III, Trauma Symptom Inventory, and MMPI-2).

June 2009-Aug 2009 **Child Guidance Clinic, District of Columbia Superior Courts,**  
Washington, DC

Psychological Examiner Extern (*16-20 hr/wk*)  
Supervisors: Malcolm Woodland, PhD & Michael Barnes, PhD

Population: African-American female and male adolescents between the ages of 12 and 18 on probation.

Responsibilities: Administered and wrote integrative psychological assessments (e.g., WAIS-IV, WISC-IV, Child Behavior Checklist, Millon Adolescent Clinical Inventory, Rorschach, PAI-A, MMPI-A, Youth Self Report, and Trauma Symptom Inventory for Children). Also administered sexual and violence risk assessments (e.g., Estimate of Risk of Adolescent Sexual Offense Recidivism and Structured Assessment of Violence Risk in Youth).

Aug 2008-May 2009 **Child Guidance Clinic, District of Columbia Superior Courts,**  
Washington, DC

Therapy Extern (*10-15 hr/wk*)  
Supervisor: Malcolm Woodland, PhD  
Population: African-American adolescents between the ages of 13 and 18 on probation.

Responsibilities: Conducted individual psychotherapy sessions with court mandated children and adolescents.

Jan 2009-May 2009 **Child Guidance Clinic, District of Columbia Superior Courts,**  
Washington, DC

Therapy Extern (*8 hr/wk*)  
Supervisor: Mitchell Hugonnet, Ph.D. & Rachel Martell, Psy.D.  
Population: African-American male adolescents between the ages of 13 and 18 on probation. African-American adolescent females between the ages of 13 and 18 on probation.

Responsibilities: Co-conducted the Juvenile Intensive Behavior Modification group for African-American male juvenile sex offenders and their parents. Co-facilitated an anger management group for female

juvenile offenders. Developed therapeutic activities in conjunction with using manualized anger management therapy.

Mar 2009-May 2009 **Howard University Hospital at Howard University**, Washington, DC

Therapy Extern (*2 hr/wk*)  
Supervisor: Elaine Graves, PhD

Population: Inpatient hospital with adults between the ages of 18 and 70 suffering from severe mental illness (e.g., schizophrenia and bipolar disorder with psychotic features).

Responsibilities: Co-led weekly Yalom based group psychotherapy with inpatient adults suffering from acute mental illness and physical illnesses.

Aug 2007-May 2008 **Howard University Counseling Center at Howard University**, Washington, DC

Therapy Practica Student (*10-13 hr/wk*)  
Supervisor: Natasha Nelson, MS

Population: College students at Howard University between the ages of 18 and 25 suffering from depression, anxiety, adjustment issues, family conflict, and academic difficulties.

Responsibilities: Conducted intakes, individual therapy, presented cases on a weekly bases, and participated in individual and group supervision. Participated in an outreach program that targeted college students about psychological issues and risky behavior health behaviors.

Oct 2006-May 2007 **Friendship Public Charter School**, Washington, DC

Psychological Examiner Practica Student (*8-10 hr/wk*)  
Supervisor: Roberta Allison, MS

Population: Children between the ages of 12 and 17 diagnoses with learning and behavioral disorders (e.g., Reading Disorder, ADHD, ADD, Borderline Intellectual Functioning, and ODD).

Responsibilities: Administered and wrote integrative psychological and psychoeducational assessments (e.g., WISC-IV, WIAT-II, Behavior Assessment System for Children-2, Draw A Person, Rotter Incomplete Sentences Blank, and Thematic Apperception Test) for middle and high school adolescents.

## TEACHING EXPERIENCE

- Sept 2010-Present **Howard University**, Washington, DC
- Teaching Assistant  
Course: Introduction to Clinical Psychology  
Professor: Victoria Lee, PhD
- Proctored and graded exams and lectured class sessions
- Jan 2008-May 2010 **Howard University**, Washington, DC
- Teaching Assistant  
Course: Abnormal Psychology  
Professor: Denee Mwendwa, Ph.D.
- Gave class lectures, created and proctored exams, kept a record of student grades and attendance, graded tests
- Aug 2008-Dec 2008 **Howard University**, Washington, DC
- Teaching Assistant  
Course: Abnormal Psychology  
Joneis Thomas, PhD
- Proctored exams and graded tests and essays
- Jan 2008-May 2008 **Howard University**, Washington, DC
- Teaching Assistant  
Course: Abnormal Psychology  
Professor: Hope Hill, PhD
- Proctored exams, kept record of student grades, graded tests
- Aug 2007-Dec 2007 **Howard University**, Washington, DC
- Teaching Assistant  
Abnormal Psychology  
Professor: Christina Cox, PhD
- Lectured class sessions, graded exams Proctored exams, kept record of student grades, and graded tests

### **OUTREACH**

- Sept 2009            Howard University Student Health Fair at Howard University,  
Washington, DC
- Mar 2008            Howard University Spring Break Health Fair at Howard University  
Washington, DC

### **TRAINING SEMINARS**

- Oct 2010            Training Seminar in PAI/PAI-CS and NAB, St. Elizabeths Hospital,  
Washington, DC
- Sept 2010           Recognizing Suspected Patient Abuse and Neglect, St. Elizabeths  
Hospital, Washington, DC
- Sept 2010           Corporate Integrity Agreement, St. Elizabeths Hospital, Washington, DC
- Sept 2010           Trauma Informed Care, St. Elizabeths Hospital, Washington, DC
- Mar 2010           Spring Training 2010: Marijuana Uses, Abuses, Treatments, and Policies  
at Howard University, Washington, DC
- Mar 2009           Spring Training 2009: Innovative Approaches to Hard Economic Times  
Seminar at Howard University, Washington, DC
- Mar 2008           Spring Training 2008: Healing Through Stories: A Multicultural Narrative  
Therapy Seminar at Howard University, Washington, DC

### **ORGANIZED SEMINARS**

- Apr 2010            *Internship Seminar*, America Psychological Association of Graduate  
Students, Howard University, Washington, DC

### **OTHER SKILLS**

- Dec 2009            Trained in AED/Standard First Aid/CPR for Adult, Child, and Infants -  
Red Cross